

wallaby

cashew & sesame

The cashew & sesame bar is a delicious healthy snack that is full of roasted cashew nuts and sesame seeds.

It is suitable for people with special dietary requirements and food allergies such as sugar and gluten intolerances, vegetarians and people with diabetes.

Made from all natural ingredients and high in fibre, it is a great tasting, healthy alternative to other bars.



Ingredients

Cashews 21%, Sesame 17%, Pepitas, Rice Extract, Rice Cereal, Sunflower Seeds, Soy Beans, Dietary Fibre, Vanilla Flavour.

NUTRITIONAL INFORMATION

	Serving Size - 40g	Per 40g	Per 100g
Energy		822kj	2045kj
Protein		6.0g	15.0g
Fat (total)		13.1g	32.6g
Saturated Fat		2.9g	7.2g
Poly-Unsat.		1.5g	3.7g
Mono-Unsat.		8.7g	21.7g
Trans. Fat		0g	0g
Carbohydrate (total)		14.5g	36.5g
Sugars		6.8g	16.9g
Dietary Fibre		3.6g	9.1g
Sodium		58mg	145mg
Gluten		0mg	0mg
Cholesterol		0mg	0mg

NUTRITION FACTS

Serving Size - 1.4oz	
Calories: 195:	
Fat calories: 118	%D.V.
Total Fat 13g	20%
Sat. Fat 3g	15%
Cholesterol 0mg	
Sodium 58mg	3%
Total carb 14g	4%
Sugars 6.8g	
Protein 6g	
Fibre 3.6g	12%
Vit.A 0g	0%
Vit.C 15mg	25%
Calcium 210mg	16%
Iron 3mg	25%
*Percent Daily Value based on 2000 calorie diet.	

Claims

- 4 High fibre
- 4 Dairy free
- 4 Gluten free
- 4 No trans. fats
- 4 Kosher certified
- 4 Preservative free
- 4 Added sugar free
- 4 Artificial colour free
- 4 All natural ingredients

PACKAGING: Bar 40g (1.4 oz) Net: Displayer 18 Bars 225x140x60mm:
Lge Shipper: 288 Bars 460x300x270mm: 16kg: Small Shipper 72 Bars 290x250x140mm, 4kg:
Pallet 48 Lge Shippers 13824 Bars 1100x1100x1800mm:



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