

wallaby

pure fruit

The pure fruit bar is a healthy snack that is low in fat.

It is a great source of Omega 3 and like other bars in the Wallaby range, it is made from all natural ingredients, contains no added sugar and is gluten & wheat free.

It is a nutritious snack for people of all ages and is the ideal snack bar for school lunch boxes. It contains no nuts and is full of real fruit pieces.

It is suitable for people with special dietary requirements and food allergies such as sugar and gluten intolerances, vegetarians and people with diabetes.



Ingredients

Mixed Fruit Pieces 25%, Soy Protein, Rice Extract, Rice Cereal, Flax Seed, Dietary Fibre, Calcium Citrate, Vanilla Flavour.

NUTRITIONAL INFORMATION

Serving Size - 40g	Per 40g	Per 100g
Energy	504kJ	1260kJ
Protein	2.0g	5.0g
Fat (total)	1.2g	3.0g
Saturated Fat	0.3g	0.7g
Poly-Unsat.	0.1g	0.2g
Mono-Unsat.	0.8g	2.0g
Trans. Fat	0g	0g
Carbohydrate (total)	26g	65g
Sugars	14g	35g
Dietary Fibre	5g	12g
Sodium	81mg	202mg
Gluten	0mg	0mg
Cholesterol	0mg	0mg

NUTRITION FACTS

Serving Size - 1.4oz	
Calories: 133:	
Fat calories: 11	%D.V.
Total Fat 1.2g	2%
Sat. Fat 0g	0%
Cholesterol 0mg	
Sodium 81mg	3%
Total carb. 26g	9%
Sugars 14g	
Protein 2.0g	
Fibre 5g	18%
Vit.A 0mg	0%
Vit.C 25mg	40%
Calcium 250mg	25%
Iron 3mg	25%
*Percent Daily Value based on 2000 calorie diet.	

Claims

- ✓ High fibre
- ✓ Gluten free
- ✓ No trans. fats
- ✓ Cholesterol free
- ✓ Kosher certified
- ✓ Preservative free
- ✓ Dairy & G.M.O. free
- ✓ Artificial colour free
- ✓ All natural ingredients
- ✓ Contains Omega 3 fatty acids
- ✓ Good source of calcium
- ✓ Vitamin C & Iron

PACKAGING: Bar 40g (1.4 oz) Net: Displayer 18 Bars 225x140x60mm:
Lge Shipper: 288 Bars 460x300x270mm, 16kg: Small Shipper 72 Bars 290x250x140mm 4kg:
Pallet 48 Lge Shippers 13824 Bars 1100x1100x1800mm



Manufactured by: ENERGY PRODUCTS Pty Ltd,
Lismore Rd Bangalow N.S.W. 2479 Australia
Ph: +61(0)2 6687 2221 Fax: +61(0)2 6687 1990
Email: sales@energyproducts.com.au
website: www.energyproducts.com.au