



Macadamia Nut Oil

Originating in the subtropical areas of southeast Queensland and northern NSW, the Macadamia is recognised as the worlds finest gourmet nut.

Wallaby's Macadamia Nut Oil is cold pressed and is especially suited to those with special dietary needs.

It contains over 80% mono-unsaturates (the GOOD OIL) and is a good source of vitamin E, a powerful anti-oxidant.

It is more heat stable than olive oil, which means it can be used right from the beginning of the cooking process whilst still retaining its flavour and aroma.

Best used in salad dressings, vinaigrettes and stir-fries.



NUTRITIONAL INFORMATION		
Serving Size - 10g	Per 10g	Per 100g
Energy	344kj	3436kj
Protein	0g	0g
Fat (total)	10g	100g
Saturated Fat	1.4g	14g
Poly-Unsat.	0.1g	1g
Mono-Unsat.	8.5g	85g
Trans. Fat	0g	0g
Carbohydrate (total)	0g	0g
Sugars	0g	0g
Dietary Fibre	0g	0g
Sodium	0mg	0mg
Gluten	0mg	0mg
Cholesterol	0mg	0mg

NUTRITION FACTS	
Serving Size - 10ml	
Calories: 82:	
Fat calories: 82	%D.V.
Total Fat 10g	13%
Sat. Fat 1.4g	7%
Cholesterol 0mg	
Sodium 0mg	0%
Total carb. 0g	0%
Sugars 0g	
Protein 0g	
Fibre 0g	0%
Vit.A 0mg	0%
Vit.C 0mg	0%
Calcium 4.8mg	0.5%
Iron 0.2mg	1.5%
*Percent Daily Value based on 2000 calorie diet.	

Claims

- ✓ Sugar free
- ✓ Gluten free
- ✓ Stabiliser free
- ✓ No trans. fats
- ✓ Cholesterol free
- ✓ Kosher certified
- ✓ Preservative free
- ✓ Dairy & G.M.O. free
- ✓ Artificial colour free
- ✓ All natural ingredients
- ✓ Hydrogenated oil free

PACKAGING: 250ml (8.7 fl.oz) Bottle : Large Shipping Carton 36 x 250ml 460x300x270mm 17.6 kg;
Small Shipping Carton 12x 250ml (8.7 fl.oz) 12 Bottles per carton 260x200x260mm 5.8 kg