

## Macadamia Nut Butter

Wallaby Macadamia Nut Butter is made from 100% dry roasted macadamia nuts and blended to perfection.

It is a great tasting, natural alternative to traditional 'peanut butter' with all the nutritional benefits from the Australian macadamia nut.

Macadamia nuts contain the most mono-unsaturates (the good fat) of any nut or legume. It is also a great source of protein, calcium, potassium and dietary fibre.

It is suitable for vegetarians and people with special dietary requirements and food intolerances.



### NUTRITIONAL INFORMATION

Serving Size - 20g	Per 20g	Per 100g
Energy	352kj	1760kj
Protein	2g	10g
Fat (total)	11.4g	57g
Saturated Fat	1.5g	7.5g
Poly-Unsat.	0.4g	2.0g
Mono-Unsat.	9.5g	47.5g
Trans. Fat	0g	0g
Carbohydrate (total)	1.5g	7.5g
Sugars	0.4g	2g
Dietary Fibre	1.1g	5.5g
Sodium	0.4mg	3mg
Gluten	0mg	0mg
Cholesterol	0mg	0mg

### NUTRITION FACTS

Serving Size - 0.7oz	
Calories: 110:	
Fat calories: 102	%D.V.
Total Fat 11.4g	□ 15%
Sat. Fat 1.5g	□ 7%
Cholesterol 0mg	
Sodium 0.4mg	□ 0%
Total carb. 1.5g	□ 0%
Sugars 0.4g	
Protein 2g	
Fibre 1.1g	□ 4%
Vit.A 0mg	□ 0%
Vit.C 3mg	□ 5%
Calcium 2mg	□ 1%
Iron 1mg	□ 7%

\*Percent Daily Value based on 2000 calorie diet.

### Claims

- ✓ Low G.I.
- ✓ No trans. fats
- ✓ Kosher certified
- ✓ Cholesterol free
- ✓ Preservative free
- ✓ No added sugar
- ✓ Gluten free
- ✓ G.M.O. & dairy free
- ✓ No artificial colours
- ✓ All natural ingredients
- ✓ No added hydrogenated oil or other stabilisers
- ✓ Good source of calcium, potassium & dietary fibre

PACKAGING: 180g (6.3 oz) Jars,  
shipping carton 12 x jars 225mm x 270mm x 100mm: 3kg  
shipping carton 48 x jars 460mm x 300mm x 270mm: 12kg

Refrigerate after opening

